

### Mentee's Self-Evaluation Form

Please rate how skilled you feel you are in each of the following areas from (1) Not at all skilled to (5) Extremely skilled

		Not skilled					Extremely skilled						
		1	2	3	4	5	1	2	3	4	5		
1	Ability to identify and approach individuals for mentoring												
2	Setting and achieving goals and timelines												
3	Turning your work into academic scholarship												
4	Preparing and submitting a peer-reviewed manuscript												
5	Understanding authorship, publication, and integrity												
6	Writing grant proposals												
7	Budget management (allocation, navigating the process)												
8	Review and critique manuscripts for a journal												
9	Designing a comprehensive research plan												
10	Constructing hypothesis and aims												
11	Understanding statistical analysis (& work with statistician)												
12	Understanding study designs												
13	Quantitative research skills												
14	Qualitative research skills												
15	IRB submission and process												
16	Creatively developing new research directions												
17	Creating a lecture presentation												
18	Dealing with difficult situations in classroom												
19	Understanding of tenure and promotion criteria												
20	Navigating the organizational/institutional culture												
21	Joining professional societies												
22	Enhancing professional visibility (locally and nationally)												
23	Balancing personal and professional life (work life balance) skills												
24	Leading and motivating others (in teams, meetings, committees)												
25	Managing projects and programs												
26	Time management skills (e.g., workload, planning, pace of career)												
27	Networking skills (and creating professional networks)												
28	Conflict resolution skills												
29	Providing feedback to others												
30	Negotiating skills (to achieve your career goals and needs)												

Adapted from: Indiana University School of Medicine Faculty mentoring Resources